## Entry form Detach & Send to:

## Champ Camp 5845 Grassland Terr. Marshall, WI 53559

Participant's Name
Address
CityPhone
Grade in fall of 24 Age
Caregivers Name
Caregivers EmailAddress
Caregivers Cell Phone #
Insurance Co
Policy #
Participant's Physician
Physician's Phone #
In the event of an emergency whom should we contact if we are unable to reach you?  Name
Phone
Email
I declare that is in good physical health and able to safely practice and play football.
I also give permission for to attend Champ Camp.
I certify that the registrant has had a satisfactory physical examination within the past two years and is physically able to participate in all camp activities. In the event of injury or illness, I give my consent for necessary emergency medical treatment and will be responsible for all costs involved. We will make an attempt to contact you before treatment is given.
ParentSignature
Circle - Shirt Sizes: S M L XL XXL
(All shirts adult sizes)



# **Champ Camp**

June 24-27

1:00 pm - 3:00pm

at the

**SUN PRAIRIE** 

HIGH SCHOOL

### **Questions?**

- This is a fundamentals camp for any student entering grades 5-8.
- This camp is run by Sun Prairie High School football coaches along with current and former college football players.
- This camp is not part of Cardinal Youth Football.
- The camp will run from Monday June 24- Thursday June 27
- The time is from 1:00pm-3:00pm.
- Camp will be held on the practice fields behind East High School

## **Instruction Philosophy**

- The first day all players will be given instruction in all positions.
- The second, third and fourth day the athlete will be given the opportunity to specialize at a position.
- Participants will receive instruction in quickness, agility, flexibility, and running techniques

#### **Ouarterbacks:**

Stance, ball handling, faking, passing, field generalship, and strategy.

#### **Running Backs:**

Stance, ball carrying, faking, blocking, and pass receiving.

#### Receivers:

Stance, releases, patterns, receiving, ball carrying, and blocking.

#### Offensive Lineman:

Stance, explosion, pulling, blocking, pass blocking.

#### **Defensive Lineman:**

Stance, ready reaction, pass rush, and tackling.

#### Linebackers:

Stance, keying reaction, tackling, and pass defense

#### **Defensive Backs:**

Stance, keying, pass defense (man and zone).

Place Kicking, Punting, and Long Snapping will also be taught

## **Equipment:**

Participants will be expected to come to each session dressed in appropriate attire, football type shoes, T-shirt or sweatshirt, and athletic shorts or sweatpants.

Any eye glasses worn in practice must be unbreakable in accordance with WIAA safety rules.

This is a skills camp. Helmets and shoulder pads will not be used.

## **Registration:**

To hold your place in camp, you must first submit a signed completed registration form along with full payment. \$75 first athlete - \$70 each additional family member. Participants must have their own medical insurance.

Make check out to and mail to

Sun Prairie Quarterback Club

5845 Grassland Terr.

Marshall, WI 53559

Any Questions call Brian Kaminski at 698-8950
or Tim Bass at 513-2145

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